



# Dyslexia Support South

*where hope meets learning*

by Learning Differences Aotearoa Trust

## Interventions Information for Southland 2022

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Dyslexia Support South has collated information of interventions available in Southland for parents, caregivers and schools to use.

Dyslexia Support South advises users of this form to exercise their own judgement when selecting an intervention (you can refer to the Interventions page on [www.dyslexiasupportsouth.org.nz](http://www.dyslexiasupportsouth.org.nz) to access research on evidence-based interventions). It is the user's responsibility to determine if the providers of the interventions are police vetted. While the information on this form is periodically updated, responsibility for accuracy lies with the providers of the interventions.

The information provided is for reference purposes only. Dyslexia Support South is not endorsing any of these programmes shown and have not investigated any claims made by the providers.

*Updated January 2022*

Intervention	<b>Fast ForWord &amp; Reading Development</b>	<b>The Reading Room - Phonics, Reading, Sounds, Comprehension, Spelling, Maths, Writing, Irlen's Screening, Dyslexia Assessing, Spld Advisor</b>
Session length	30, 40 or 50 minutes, 5 days a week	1hr One-to-One tuition once a week
Time required to complete	Minimum of 3 months Up to 1 year or more	Minimum 2 terms of schooling Maximum as long as the parents require it
Type of delivery	Both computer and ipad	95% pen and paper learning 5% Ipad and games
My home or your office	Your home	My office or schools
Research available	Yes. See here for details about <a href="#">MUSAC</a> Briefings	Yes
Time in the marketplace	20 years	20yrs
Means of reporting to caregivers	Weekly emails Personal phone calls for Mentoring and Mentoring Plus Packages	Weekly emails to parents and teachers. Personal phone calls to parents if needed.
Learning styles likely to benefit	Dyslexia, ADD, ADHD, Asperger's - Autism, Auditory Processing Disorder, Down's Syndrome, Learning Delay, ESL for children and adults.	Dyslexia, ADD, ADHD, Asperger's, Auditory Processing Disorder, Irlen's, Learning Delay, ESL, ESOL.
Areas of benefit	Memory (Working, Short, Long Term) Attention (Hyperactive, Inattention) Processing Speed Sequencing (Visual, Auditory)	Retrieval of information for long /short term memory, Reading Comprehension, Sequencing, Reading fluency, Understanding Sounds and Blends, Spelling proficiently.
Cost	\$750 - Independent (\$62.50 per wk) \$1100 - Mentoring \$1450 - Mentoring Plus <i>Extension &amp; sibling discounts</i>	1hr \$65.00 per session All resources supplied. Travel to premises or schools \$1 per km per session.
Further info	<a href="http://www.fastlearning.co.nz">www.fastlearning.co.nz</a> Ph Nicola 0221 635890 / 0321 62321 <a href="mailto:nicola@fastlearning.co.nz">nicola@fastlearning.co.nz</a> Facebook: Fast Learning	Office: The Reading Room, 410 Yarrow St Invercargill Facebook: The Reading Room e-mail: <a href="mailto:office@thereadingroom.nz">office@thereadingroom.nz</a> Ph: Adele (03) 2176871 / 0212544438 <a href="http://www.thereadingroom.nz">www.thereadingroom.nz</a>
Assessment Available	<b>Optional:</b> online assessment provides pre and post programme feedback. Standardised school testing pre and post programme is encouraged.	<b>First Session:</b> Assessed for Reading, Spelling, Sounds, Maths, Eyes, Hearing, Irlen screening, Dyslexia screening if needed. Assessed mid program and on conclusion or more frequently if the parent needs it.
Availability	NZ wide	Invercargill area, Skype and Zoom Southland Area

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Intervention	<b>Tomatis Listening Therapy</b>	<b>Gore Learning Centre</b>
Session length	1-2 hours a day for 13 days (an intensive) 3 or 4 intensives with breaks in between, according to individual need	1 hour 20 minutes
Time required to complete	6-8months	According to individual needs. No set minimum.
Type of delivery	Specially filtered and gated music programmed for the individual delivered by headphones	Combination of pencil and paper and computer activities with guidance of a tutor who will be a qualified and experienced teacher.
My home or your office	Home or my office	In the Gore Learning Centre, Gore S.I.T. Campus, supported with paper or web based homework.
Research available	<a href="http://www.tomatis.co.nz">www.tomatis.co.nz</a> and <a href="http://www.tomatis.com">www.tomatis.com</a>	Yes - depending on exact individual programme.
Time in the marketplace	40 years, adjusting according to research	19 years
Means of reporting to caregivers	Written reports pre and post intensives, and 6 months after completion to check ongoing gains. continual contact by phone	Phone calls or meetings whenever required.
Learning styles likely to benefit	For students with concentration, anxiety, and learning problems	We devise individual learning programmes for all abilities including people with learning difficulties to those who are gifted.
Areas of benefit	Learning and language disorders i.e. ADHD Attention disorders, and emotional/anxiety problems Motor disorders	Our core activities address all aspects of literacy and numeracy. We also work on memory, study skills, essay and report writing depending on individual need.
Cost	\$25 per hour approx. \$2000	\$48 per session (discounts offered for 1 term paid as a block). Includes all resources.
Further info	<a href="http://www.tomatis.co.nz">www.tomatis.co.nz</a> Pam Mitchell SOUND Learning 0274484131/032497333	<a href="http://www.in2learning.co.nz/tuition/providers/gore/">www.in2learning.co.nz/tuition/providers/gore/</a> Phone Graham, 03 208 1002 or 027 512 9575. Email: <a href="mailto:gore@in2learning.co.nz">gore@in2learning.co.nz</a>
Assessment Available	Yes. Pre and Post with ongoing assessment	Our first step is always a free, no obligation assessment to determine each individual's needs.
Availability	Pam Mitchell Southland Area and NZ Wide	Gore and district.

Intervention	On Track Learning	Cellfield
Session length	1 x 80 min lesson/week	10 x 1 hour interventions over a week or a fortnight.
Time required to complete	Depends on individual needs. Usually 2 terms minimum commitment.	As above plus 2 terms of weekly tuition/reinforcement of neural pathway formation.
Type of delivery	Individualised tutoring with trained teachers. Combination of computer and book work.	Computer based with written home activities
My home or your office	Premises of On Track Learning	Premises of On Track Learning
Research available	Yes	Yes – see <a href="http://www.cellfield.com">www.cellfield.com</a>
Time in the marketplace	23 years	11+ years
Means of reporting to caregivers	Formal reassessments done every two terms. Weekly discussion with parent if required.	A written report documenting pre and post tests done with an additional reassessment after 6 months to note further gains
Learning styles likely to benefit	For students with learning difficulties.	Visual, auditory and motor functioning of the brain. Working memory and learning disabilities including dyslexia.
Areas of benefit	Tutoring helps with content, word attack skills, spelling, phonemic awareness, written work and maths. Also benefits work habits and self-esteem.	Reading – word recognition, word attack and comprehension.
Cost	\$55 per session for Year 1- 10. NCEA Exam Plus classes \$60 for Year 11-13. (All GST inclusive) Adults/One to one \$70 (discounts available)	\$2,099 (includes assessment of \$260) plus two terms weekly tuition.
Further info	<a href="http://www.ontracklearning.co.nz">www.ontracklearning.co.nz</a> Call Patria Kerr on 03 2144181 64/B Victoria Ave, Invercargill	<a href="http://www.cellfield.com">www.cellfield.com</a> <a href="http://www.ontracklearning.co.nz">www.ontracklearning.co.nz</a> Call Patria Kerr on 03 2144181 64/B Victoria Ave, Invercargill
Assessment Available	Call Patria Kerr for a free assessment. Allow 1.5 hours to assess and discuss results	Free consultation to determine need. British Dyslexia Screening Test, Woodcock Johnson for word identification, word attack and passage comprehension, full optometric assessment.
Availability	Invercargill Area	Southland

## Interventions Information for Southland 2022 Pg 4

Intervention	<b>SPELD NZ is a nationwide not-for-profit organisation that provides assessment, individualised one-on-one tuition for children and adults with dyslexia and other specific learning disabilities (SLD)</b>	<b>Musical Milestones - Lauren Payne (Registered Music Therapist)</b>
Session length	1 hour one-to-one tuition usually once a week during the school term.	30,45 and 60 minute sessions available
Time required to complete	As long as it is deemed necessary.	Various
Type of delivery	Pen, paper, auditory exercises, games and computer. Multisensory learning techniques practiced and recommended.	In person
My home or your office	Teacher's home, Zoom, school or other appropriate venue.	In your home, at school and at the Musical Milestones studio in Hargest, Invercargill. Minimum 1 hr call out fee
Research available	<a href="https://www.speld.org.nz/about-us/our-approach/">https://www.speld.org.nz/about-us/our-approach/</a>	Music Therapy is a research-based practice and profession in which music is used to actively support people as they strive to improve their health, functioning and wellbeing. Music Therapy should always be facilitated by a Registered Music Therapist who is registered under Music Therapy NZ. <a href="http://www.musictherapy.org.nz">www.musictherapy.org.nz</a>
Time in the marketplace	Over 50 years	Musical Milestones opened in February 2020 however Lauren has been a Registered Music Therapist practicing in Invercargill since 2014.
Means of reporting to caregivers	Twice yearly written report and verbal reports as required.	Assessment reports, termly reports and closure and recommendation reports are provided at an additional cost.
Learning styles likely to benefit	Dyslexia, ADD, ADHD, Autism, Dyspraxia, Dyscalculia, Dysgraphia and other Specific Learning Disabilities.	Cognitive, physical, psychological, social and emotional. Areas of benefit are dependent on goals set through referral and assessment.
Areas of benefit	All areas of literacy and numeracy including reading, (especially phonemic awareness), written language, comprehension, working memory, sequencing, cognitive fluency and processing speed. Student strengths are used to enable them to learn differently.	Registered Music Therapists work with a vast array of populations from Neonatal Intensive Care Units up until aged and palliative care. Lauren is also a neurologic music therapist, trained under the world federation of neurologic music therapy. Areas of specialty are in early intervention, additional needs, trauma and brain injury.
Cost	\$50 - \$100 joining fee. Tuition from \$50 per hour. From \$650 for full diagnostic assessment, (cognitive and educational) by a qualified professional. Subsidies towards assessment and tuition available with a Community Services Card or evidence of low income. SPELD N.Z fundraises to help subsidise the cost of assessment and lessons for those with proof of financial hardship.	Group sessions range from \$20 - \$30, individual therapy starting at \$75.
Further info	<a href="http://www.speld.org.nz">www.speld.org.nz</a> <a href="mailto:southern@speld.org.nz">southern@speld.org.nz</a> Phone 0800773536 Option 1	<a href="http://www.musicalmilestones.co.nz">www.musicalmilestones.co.nz</a> Find me on Facebook and Instagram. Personal development sessions are available for medical staff and teachers.

Assessment Available	Initial diagnostic assessment by SPELDNZ trained assessor. Individualised learning plan based on this comprehensive assessment.	Music Therapy assessments are provided at an additional cost.
Availability	NZ Wide (travel maybe necessary in some areas for face to face.)	Invercargill and Otatara. Enquiries welcome from other areas in Southland.

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Intervention	<b>Toward Success – Literacy and Numeracy years 5 – 11, English Language for non- english speakers.</b>	<b>Feuerstein Instrumental Enrichment</b>
Session length	One on one tutoring for 1 hour or 30 minutes depending on the age of the child.	40 minutes, 2 days per week
Time required to complete	As long as the student wants or needs it.	Minimum of 3 terms, maximum of 3 years
Type of delivery	We do not follow a programme but are led by the needs and interests of the learner.	Series of paper and pencil exercises Trained mediator guides learning
My home or your office	My office, 53 Gala Street, but will go to the home if that is what is needed.	School or my home
Research available	Year 5 – Year 11	Yes
Time in the marketplace	Since January 2016	60 years
Means of reporting to caregivers	Email updates	Once a term, personal meeting or email. Personal phone calls throughout the term, when needed.
Learning styles likely to benefit	Teaching is adapted to the natural learning style of the student, e.g oral, aural, kinaesthetic and visual.	All individuals, children and adults with learning differences, e.g Dyslexia, ADHD, ADD, Downs Syndrome, Gifted, Auditory Processing Disorder, Learning Delay etc.
Areas of benefit	Students become more confident. Homework assistance and assessment writing NCEA level 1. English language for non-english speakers – children and adults. Violin tutoring to develop listening coordination, memory, enjoyment and perseverance.	Develops flexibility in thinking and problem – solving skills, strengthens weak cognitive areas, e.g memory, attention, impulsiveness, processing speed and sequencing. Empowers students to become independent learners and enriches skills and strategies for life.
Cost	\$20 for half an hour, \$40 for an hour.	Weekly lesson: Individual – Basic \$80 ages 5 – 8 Standard: \$80.00 ages 9 – 99. Groups of 3 to 5: \$50 per person (standard) Groups of 2: \$70 per person (standard) Groups of 2: \$70 per person (basic) If lessons are taken in school, small travel costs will apply.
Further info	Toward Success, 53 Gala Street, Invercargill <a href="http://www.towardsuccess.co.nz">www.towardsuccess.co.nz</a> <a href="https://www.facebook.com/towardsuccessnz/">www.facebook.com/towardsuccessnz/</a> <a href="mailto:admin@towardsuccess.co.nz">admin@towardsuccess.co.nz</a> Phone Janette 0274273086	<a href="http://www.icelp.info/">www.icelp.info/</a> <a href="http://www.nzfeuerstein.org">www.nzfeuerstein.org</a> Ph Kiri 0211189882 Email: Thinkit.fie@yahoo.com

Assessment Available	We meet with parents and students to discuss needs and an individual programme is developed and the first lesson is free. Students and parents can opt out at anytime.	An initial free consultation is available for individuals and their support person, interested in implementing FIE into their lives.
Availability	Southland wide.	Invercargill Area.